

BUDDHA INSTITUTE OF DENTAL SCIENCES AND HOSPITAL, PATNA

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

WORLD ORAL HEALTH DAY 20th MARCH 2025

The Department of Public Health Dentistry at Buddha Institute of Dental Sciences & Hospital, Patna, commemorated **World Oral Health Day** on **20th March 2025** under the theme, "**A Happy Mouth is a...Happy Mind.**" The event emphasized the significance of oral health in promoting overall well-being and mental happiness.

On this significant occasion, a **free dental screening camp**, along with a **health promotion and preventive health education program**, was organized on **20th March 2025** at the **Navin Police Kendra, Buddha Marg Patna**. The event featured an informative **presentation on oral hygiene maintenance**, highlighting the importance of proper dental care and connection between healthy mouth and healthy mind.

Postgraduate students, as well as **3rd-year and final-year BDS students**, actively participated in the program, contributing to its success. Additionally, the police personnel were educated on **proper brushing techniques**, and **oral hygiene kits** were distributed to all attendees as part of the initiative to promote better oral health practices.

On **20th March 2025**, a **solemn pledge ceremony** was organized for the **health professionals** of **Buddha Institute of Dental Sciences and Hospital, Patna**, as part of the **World Oral Health Day** observance. The event highlighted the institution's commitment to promoting oral health and overall well-being. During the ceremony, all participating doctors, faculty members, and healthcare professionals took a **dedicated pledge** to prioritize and advocate for **oral health care** in their professional and personal lives.

The pledge emphasized the importance of maintaining high standards of dental care, educating patients and the community about the significance of oral hygiene, and fostering a deeper understanding of the connection between **a healthy mouth and a healthy mind**. This initiative aimed to inspire health professionals to lead by example, reinforcing their role as ambassadors of oral health awareness and preventive care. The ceremony served as a reminder of their responsibility to contribute to a healthier society by promoting good oral health practices and ensuring comprehensive dental care for all.

A **radio talk show** was recorded on **20th March 2025** and aired on 91.1 FM to raise awareness about the significance of **good oral hygiene practices** and the vital connection between a **healthy mouth and a healthy mind**. The program aimed to educate the public on the importance of maintaining oral health as an integral part of overall well-being.

On **21st March 2025**, a **health promotion and preventive health education program** was organized as a **teachers' training initiative** at **Neev Foundation School, Gardanibagh, Patna**. The awareness program featured an **informative speech and a PowerPoint presentation** delivered by postgraduate students, emphasizing the **importance of oral health**, the role of **healthy dietary habits**, and the connection between a **healthy mouth and a healthy mind**.

A **demonstration of proper brushing techniques** was conducted to educate the teachers on effective oral hygiene practices. During the event, all **teachers and doctors** took a **pledge** to prioritize and maintain their oral health. Additionally, **oral hygiene kits** were distributed to all the teachers, and a **free oral health screening** was conducted to further support their dental well-being.

On **21st March 2025**, a **walkathon** from the college was also done to create awareness about oral health and hygiene. Pamphlets for creating awareness were also distributed.

Key message:

"A healthy mouth is the gateway to a healthy mind and body—prioritize oral health for overall well-being."

A HAPPY MOUTH IS...
a happy mind



Join the movement for happy
mouths and happier lives!

#WOHD25 #HappyMouth
worldoralhealthday.org



World Oral
Health Day
20 March

World Oral Health Day Celebration On 20th March, 2025

FREE ORAL HEALTH SCREENING AND EDUCATION



World Oral Health Day Celebration On 20th March, 2025

PLEDGE CEREMONY FOR DOCTORS AT COLLEGE CAMPUS



World Oral Health Day Celebration On 21st March, 2025

TEACHER'S TRAINING



FREE ORAL HEALTH SCREENING



ORAL HYGIENE PACK DISTRIBUTION



PLEDGE TAKEN BY THE TEACHERS AND DOCTORS



WALKATHON



